

Course Title: Neurology UE 121

Course Subtitle: Management of Early Parkinson's Disease

Course Description: Early Parkinson disease is the approximate time period between initial diagnosis and the onset of motor fluctuations. Treatment requires an integrative approach, including identification of motor and nonmotor symptoms, choice of pharmacologic treatment, and emphasis on exercise. Patients should be treated for motor symptoms, whereas medications may be delayed for milder symptoms. The choice of treatment in patients with early Parkinson disease must be weighed against financial considerations, ease of administration, and potential long-term adverse events. Nonmotor symptoms should also be identified and treated. Exercise is an important component for treatment of Parkinson disease at any stage.

Course Source: Clinics in Geriatric Medicine

Course Length: 1 hour

Course Authors: Multiple

Course Instructor: Joanne Brown, MS, OTR/L, CHT

Target Audience: OT/OTA's, PT/PTA's

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- DESCRIBE 3 KEY FEATURES OF EARLY PD
- LIST 2 PHARMACOLOGIC INTERVENTIONS USED FOR EARLY PD
- IDENTIFY THE GOLD STANDARD FOR TREATING PD
- DESCRIBE HOW DEEP BRAIN STIMULATION IS USED AND SURGICAL TREATMENT FOR PD
- LIST 5 THERAPEUTIC EXERCISE INTERVENTIONS FOR PATIENTS WITH PD

Outline of Content:

Hour #1

- Introduction
- Early Parkinson disease
- Pharmacologic agents for early Parkinson disease
- Treatment strategies in early Parkinson disease
- Levodopa: early versus delayed use
- Nonmotor symptoms
- Surgical treatment of Parkinson disease
- Exercise in Parkinson disease
- Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes text-based course.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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