



Online Continuing Education Courses  
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AOTA Approved Provider #4023

**Course Title:** Oncology Rehab 101

**Sub-Title:** Breast Cancer Recovery: Rehabilitation After Breast Cancer

**Course Description:** Oncology Rehab 101, Breast Cancer Recovery: Rehabilitation After Breast Cancer, is a 1-hour course is designed for the beginning/ intermediate level therapist who may encounter patients affected by breast cancer. There are approximately 212,920 women who will be diagnosed with breast cancer each year. These women often suffer from issues including pain, loss of range of motion and strength in the affected arm, fatigue and lymphedema. Learn how you can meet the rehabilitative needs of this growing population safely and effectively. This course will highlight the clinical ramifications of breast cancer surgery and treatment, physical and psychosocial needs of breast cancer survivors, and detail post-surgical rehabilitative guidelines to meet both functionally oriented and orthopedic related goals and concerns

**Target Audience:** OT/OTA

**Course Length:** 1 hour

**Course Author/Instructor:** Aaronson, MA, OTR/L, CHT / Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the conclusion of the course, participants will be able to:

- Describe and list local and systemic treatments for breast cancer
- Discuss physical and psychosocial implications of breast cancer treatment
- Understand the process of evaluation for individuals with breast cancer
- Create appropriate rehabilitative goals for individuals with breast cancer
- Design an appropriate rehabilitative session for breast cancer patients

**Outline of Content:**

**Hour #1**

Introduction

Understanding Breast Cancer

Treatment of Breast Cancer

Problems Associated with Breast Cancer  
Rehabilitation Guidelines  
Case Studies

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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