

# Online Continuing Education Courses www.OnlineCE.com



Course Title: Pain 104

**Sub-Title:** Complementary and Alternative Medicine in Pain Management

**Target Audience**: OT/OTA

**Course Length:** 3 hours

Course Author/Instructor: Powers, DC, DABCN / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

# **Course Objectives:**

At the conclusion of the course, participants will be able to:

- Extrapolate the use of Complementary and Alternative Medicines (CAMS) for Pain Management as it pertains to prevalence of use, safety and cost
- Discuss the Epidemiology of Pain
- Assess pain in patients
- Classify pain by extrapolating the physiology and biochemistry of pain
- Compare the sensation, attention and behavioral aspects of pain
- Recognize the anthroposophic concepts of pain
- Summarize concepts of pain in spiritual healing, homeopathy, naturopathy, osteopathy and traditional Chinese medicine

#### **Outline of Content:**

## Hour #1

Complementary and Alternative Medicine in Pain Management – Introduction Prevalence
The Epidemiology of Pain
Measurement of Pain
Current Medical Concepts of Pain
Psychological Concepts of Pain

## Hour #2

Alternative Concepts of Pain

Ayurvedic Concepts of Pain Concepts of Pain in Spiritual Healing

# **Hour #3**

Concepts of Pain in Homeopathy Neuroconcepts of Pain Osteopathic Concepts of Pain Concepts of Pain In Traditional Chinese Medicine

# **Instructional Methods and Formats:**

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

# **Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

## **AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

## **Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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