Course Title: Pain 105

Sub-Title: Cancer: pathology, physical activity, nutrition, massage therapy and acupuncture

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Smith, DC, PhD / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced
The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:
At the conclusion of the course, participants will be able to:

- Outline the nature of and hallmarks of cancer
- Summarize the relationship between physical activity and cancer
- Summarize the relationship between nutrition and cancer
- Summarize the relationship between massage therapy and cancer
- Summarize the relationship between acupuncture and cancer
- Summarize the relationship between manual therapy and cancer

Outline of Content:

Hour #1
Cancer and an Overview of Physical Activity, Nutrition, Physical Modalities, Massage Therapy, Acupuncture and Manual Therapy
The Biology of Cancer
Physical Activity and Cancer
Nutrition and Cancer
Physical Modalities and Other Non-Pharmaceutical Options in Cancer
Massage Therapy
Practice Recommendations
Acupuncture
Manual Therapies

Instructional Methods and Formats:
Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**
A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**
- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

**Additional Policies:**
OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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