



Online Continuing Education Courses  
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AOTA Approved Provider #4023

**Course Title:** Pain 105

**Sub-Title:** Cancer: pathology, physical activity, nutrition, massage therapy and acupuncture

**Target Audience:** OT/OTA

**Course Length:** 1 hour

**Course Author/Instructor:** Smith, DC, PhD / Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the conclusion of the course, participants will be able to:

- Outline the nature of and hallmarks of cancer
- Summarize the relationship between physical activity and cancer
- Summarize the relationship between nutrition and cancer
- Summarize the relationship between massage therapy and cancer
- Summarize the relationship between acupuncture and cancer
- Summarize the relationship between manual therapy and cancer

**Outline of Content:**

**Hour #1**

Cancer and an Overview of Physical Activity, Nutrition, Physical Modalities, Massage Therapy, Acupuncture and Manual Therapy

The Biology of Cancer

Physical Activity and Cancer

Nutrition and Cancer

Physical Modalities and Other Non-Pharmaceutical Options in Cancer

Massage Therapy

Practice Recommendations

Acupuncture

Manual Therapies

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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