



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Pediatrics 205

Sub-Title: Cerebral Palsy (CP)

Course Description: Pediatrics 205, Cerebral Palsy, a 3-hour course designed for the intermediate clinician working with children with cerebral palsy. Cerebral Palsy (CP) is a neurologic condition commonly seen by both Occupational and Physical Therapists. The course will provide a comprehensive overview of CP including the nature and characteristics of CP and will review classification, etiology, pathophysiology, diagnosis, impairment and determinants of prognosis in order to provide the clinician with a more comprehensive understanding of CP. This course is written by an Occupational/Physical Therapist, and has valuable information for the Occupational Therapist when covering areas of evaluation, examination and interventions in both infants, school-aged and adolescents with CP. Future research needs and global issues pertaining to CP will also be addressed. Case studies will be used to highlight clinical application. At the end of this lesson, the learner will have a more comprehensive understanding of working with children with cerebral palsy.

Target Audience: OT/OTA

Course Length: 3 hours

Course Author/Instructor: Case-Smith, EdD, OTR/L / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Become familiar with the classification, etiology and pathophysiology of CP
- Understand how an infant or child is diagnosed with CP
- Understand and differentiate single-system and multi-system impairments
- Discuss the role of Occupational and Physical Therapy in the treatment CP
- Become familiar with determinants of prognosis or outcome
- List 5 treatment goals and interventions for the infant with CP
- List 5 treatment goals and interventions for the child with CP

- Understand the importance of reducing primary impairment and preventing secondary impairment in the infant/child with CP
- Discuss the importance and significance of family involvement and key characteristics that must be observed
- List factors that must be addressed in preparation for the transition to adulthood in the adolescent with CP

Outline of Content:

Hour #1

Characteristics of CP
 Progress in Primary Prevention
 Single and Multi-Systems Impairments
 Evaluation and Intervention

Hour #2

Goals, Outcomes and Interventions
 Examination and Evaluation
 Hypoextensibility
 Interventions of Activity Limitations
 Intervention Approaches
 PT Goals, Outcomes and Interventions

Hour #3

Activity, Mobility and Endurance
 Transition to Adulthood
 Research Needs
 Case Study #1
 Case Study #2

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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