



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Pediatrics 210

Course Subtitle: Activities of Daily Living and Sleep and Rest

Source: Occupational Therapy for Children and Adolescents, 7th Edition, by Jane Case-Smith EdD, OTR/L, FAOTA and Jane Clifford O'Brien, PhD, OTR/L

Source Description: Focusing on children from infancy to adolescence, Occupational Therapy for Children and Adolescents, 7th Edition provides comprehensive, full-color coverage of pediatric conditions and treatment techniques in all settings. Its emphasis on evidence-based practice includes updated references, research notes, and explanations of the evidentiary basis for specific interventions. And coverage of new research and theories, new techniques, and current trends, with additional case studies, keeps you in step with the latest advances in pediatric OT practice. Written by educators Jane Case-Smith and Jane Clifford O'Brien, this text is the Number One book in pediatric OT!

See course outline below for details and inclusive content in Pediatrics 210 course.

Target Audience: OT/OTA

Course Length: 4 hours

Course Author/Instructor: Jane Case-Smith EdD, OTR/L, FAOTA and Jane Clifford O'Brien, PhD, OTR/L / Brown, MS, OTR/L

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- Describe 3 factors that affect performance of ADLs and sleep habits of children?
- Examine and explain how and when to evaluate ADL skills and describe 3 formal evaluations available
- List and analyze 5 general intervention strategies and approaches used to promote ADL skills including healthy sleep and rest
- Describe what evidence is available to support the use of specific intervention techniques with specific groups of children with disabilities
- Describe 2 ways to modify the environment, equipment, or techniques to support ADL development and sleep in children with disabilities

- Summarize the effects of context on a child's performance and parental expectations for ADL, sleep, and rest

Outline of Content:

Hour #1

Factors Effecting Performance
Performance Environments and Contexts
Evaluation of ADL
Evaluation Methods

Hour #2

Team Evaluations
Measurement of Outcomes
Intervention, Strategies and Approaches

Hour #3

Promoting or Creating Supports
Establishing, Restoring, Maintaining Performance
Adapting the Task or Environment
Specific Intervention Techniques

Hour #4

Toilet Hygiene
Dressing
Bathing or Showering
Sleep and Rest
Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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