

**Course Title:** Pediatrics 257

**Course Subtitle:** Pediatric Prevention: Feeding Disorders

**Course Description:** Applied behavior analysis has the most empirical support as intervention for pediatric feeding disorders, when a child does not eat or drink a sufficient quantity or variety of food to maintain proper nutrition. Interdisciplinary collaboration is crucial for diagnosis, referral, and management of pediatric feeding disorders because the etiology is complex and multifactorial. Thus, our aim is to provide information about how to recognize a feeding disorder, to delineate the environmental variables implicated in the etiology and maintenance of feeding disorders, and to provide recommendations for prevention and intervention for feeding disorders based on the applied-behavior analytic literature.

**Course Source:** Pediatric Clinics

**Course Length:** 1 hour

**Course Authors:** Multiple

**Course Instructor:** Joanne Brown, MS, OTR/L, CHT

**Target Audience:** OT/OTA's

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the end of the course, participants will be able to:

- List 3 indications of a feeding disorder and need for intervention
- Compare and contrast normal vs. disordered feeding
- Describe the role of the Occupational Therapist in the evaluation of the child with a feeding disorder
- Describe the role of prevention related to children with feeding disorders.
- Discuss the significance of specialized behavioral feeding interventions

**Outline of Content:**

### **Hour #1**

I. Introduction

- II. Definition
  - A. Weight Gain and Growth
  - B. Enteral Feeding
  - C. Developmental Progression of Feeding
  - D. Caregiver Concerns
- III. Cause and evaluation
  - A. Medical Conditions
  - B. Oral-Motor-Skill Deficits
  - C. Caregiver Behavior
  - D. Functional Analysis
- IV. Interdisciplinary evaluation
- V. Data collection
  - A. Direct-Observation Data Collection
  - B. Baseline Data
- VI. Prevention
  - A. Education
  - B. Behavioral Strategies
  - C. Breast and Bottle Feeding
  - D. Pureed Food
  - E. Persistent Tongue Thrust
  - F. Open-Mouth Posture
  - G. Coughs and Gags
  - H. Tongue Lateralization
  - I. Regular-Textured Food
  - J. Picky Eating
- VII. Specialized behavioral feeding intervention
- VIII. Summary

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes text-based course with downloadable PDF of the course content.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the top-navigation bar.

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