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AOTA Approved Provider #4023

**Course Title:** Rehab 191

**Course Subtitle:** Therapeutic Programs for Musculoskeletal Programs Involving the Neck

**Source:** Therapeutic Programs for Musculoskeletal Disorders, by James F. Wyss and Amrish D. Patel

**Source Description:** Therapeutic Programs for Musculoskeletal Disorders is a guide for musculoskeletal medicine trainees and physicians to the art and science of writing therapy prescriptions and developing individualized treatment plans. Chapters are written by teams of musculoskeletal physicians, allied health professionals, and trainees to underscore the importance of collaboration in designing programs and improving outcomes.

The book employs a literature-driven treatment approach to the common musculoskeletal problems that clinicians encounter on a daily basis. Each condition-specific chapter includes clinical background and presentation, physical examination, and diagnostics, followed by a comprehensive look at the rehabilitation program. Case examples with detailed therapy prescriptions reinforce key points.

See course outline below for details

**Target Audience:** PT/PTA and other healthcare professionals

**Course Length:** 2 hours

**Course Author/Instructor:** Wyss, MD, PT and Patel, MD, PT / Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the end of the course, participants will be able to:

- Outline the characteristic pattern of symptoms for cervical facet arthropathy, disc pathology and radiculopathy
- Describe 2 diagnostic criteria for cervical facet arthropathy, disc pathology and radiculopathy

- Summarize 3 components of manual therapy for cervical facet arthropathy, disc pathology and radiculopathy
- Discuss 2 specialized techniques for the treatment of cervical facet arthropathy, disc pathology and radiculopathy

**Outline of Content:**

**Hour #1**

Cervical Facet Arthropathy

- Introduction
- The Rehabilitation Program
- Therapeutic Modalities
- Manual Therapy
- Therapeutic Exercise
- Specialized Techniques
- Home Exercise Program
- Summary
- Sample Case
- Sample Therapy Prescription

Cervical Disc Pathology

- Introduction
- The Rehabilitation Program
- Therapeutic Modalities
- Manual Therapy
- Specialized Techniques
- Home Exercise Program
- Summary
- Sample Case
- Sample Therapy Prescription

**Hour #2**

Cervical Radiculopathy

- Introduction
- The Rehabilitation Program
- Therapeutic Modalities
- Manual Therapy
- Therapeutic Exercise
- Specialized Techniques
- Home Exercise Program
- Summary
- Sample Case
- Sample Therapy Prescription

Other Cervical Spine Disorders

- Introduction
- The Rehabilitation Program
- Therapeutic Modalities

Manual Therapy  
Therapeutic Exercise  
Specialized Techniques  
Home Exercise Program  
Summary  
Sample Case  
Sample Therapy Prescription

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of the course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

Category 1: Domain of OT  
Category 2: Occupational Therapy Process  
Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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