Course Title: Rehab 193

Course Subtitle: Therapeutic Programs for Musculoskeletal Programs Involving the Pelvis

Source: Therapeutic Programs for Musculoskeletal Disorders, by James F. Wyss and Amrish D. Patel

Source Description: Therapeutic Programs for Musculoskeletal Disorders is a guide for musculoskeletal medicine trainees and physicians to the art and science of writing therapy prescriptions and developing individualized treatment plans. Chapters are written by teams of musculoskeletal physicians, allied health professionals, and trainees to underscore the importance of collaboration in designing programs and improving outcomes.

The book employs a literature-driven treatment approach to the common musculoskeletal problems that clinicians encounter on a daily basis. Each condition-specific chapter includes clinical background and presentation, physical examination, and diagnostics, followed by a comprehensive look at the rehabilitation program. Case examples with detailed therapy prescriptions reinforce key points.

See course outline below for details

Target Audience: PT/PTA and other healthcare professionals

Course Length: 1 hour

Course Author/Instructor: Wyss, MD, PT and Patel, MD, PT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced
The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:
At the end of the course, participants will be able to:

- Describe 3 key characteristics of sacroiliac joint dysfunction, piriformis syndrome and pelvic dysfunction
- List 3 therapeutic modalities for each of the above conditions
- Analyze 2 manual therapy techniques for each of the above conditions
- Describe 3 key components of the home exercise program
Outline of Content:

Hour #1
Sacroiliac Joint Dysfunction
   Introduction
   The Rehabilitation Program
   Therapeutic Modalities
   Manual Therapy
   Therapeutic Exercise
   Specialized Techniques
   Home Exercise Program
   Summary
   Sample Case
   Sample Therapy Prescription

Piriformis Syndrome
   Introduction
   The Rehabilitation Program
   Therapeutic Modalities
   Manual Therapy
   Specialized Techniques
   Home Exercise Program
   Summary
   Sample Case
   Sample Therapy Prescription

Pelvic Dysfunction: Diagnosis Directs Treatment

Instructional Methods and Formats:
Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:
A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of the course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:
   Category 1: Domain of OT
   Category 2: Occupational Therapy Process
   Category 3: Professional Issues

Additional Policies:
OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.
OnlineCE.com is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.