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AOTA Approved Provider #4023

Course Title: Rehab 196

Course Subtitles: Telemedicine in Rehabilitation

Target Audience: OT/OTA's, PT/PTA's

Course Length: 1 hour

Course Source: Physical Medicine and Rehabilitation Clinics, May 2019

Telerehabilitation refers to the virtual delivery of rehabilitation services into the patient's home. This methodology has shown to be advantageous when used to enhance or replace conventional therapy to overcome geographic, physical, and cognitive barriers. The exponential growth of technology has led to the development of new applications that enable health care providers to monitor, educate, treat, and support patients in their own environment. Best practices and well-designed Telerehabilitation studies are needed to build and sustain a strong Telerehabilitation system that is integrated in the current health care structure and is cost-effective.

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Course Instructor: Joanne Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the end of the course, participants will be able to:

- Describe telerehabilitation, including services that can be provided under its scope, and list 3 examples of how it can be delivered
- List and discuss 3 ways that telerehabilitation has been shown to strengthen the patient-provider connection
- Describe the use of telemedicine in specialized care including patients with stroke, TBI, MS and SCI
- Discuss findings and list 2 benefits of cardiac telerehabilitation for CAD and CHF
- Describe the use of telerehabilitation for rheumatology, chronic pain and musculoskeletal conditions
- Discuss of the WFOT's position on telehealth

Outline of Content:

Hour #1

- Introduction
- Content
- Neurologic Telerehabilitation
 - Stroke
 - Spinal cord injury
 - Multiple sclerosis
 - Traumatic brain injury
- Cardiac Telerehabilitation
 - Coronary artery disease
 - Congestive heart failure
- Musculoskeletal
- Chronic Pain
- Rheumatology
- Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes Audiovisual formatted course with downloadable course handout. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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