



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Range of Motion Measurement of the Hand

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Define ROM techniques including AROM, PROM, Total Active ROM, Total PROM, Flexion-DPC, and Torque ROM
- Identify principles for measuring ROM of the wrist and hand
- Identify appropriate selection of goniometer for measuring joints of the wrist and hand

Outline of Content:

Hour #1

Range of Motion Measurement of the Hand – Pre Test
Introduction and Literature Review
Measuring Techniques for ROM
Measuring Techniques and Clinical Application
Methods for Measuring Joint Motion
Range of Motion Measurement – Post Rest

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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