



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Shoulder Rehab 120

Sub-Title: Superior Labral Pathology - SLAP - Long Head Biceps

Course Description: Shoulder Rehab 120, Superior Labral Pathology - SLAP - Long Head Biceps, is a 5-hour course designed for the clinician working with patients with SLAP lesions. This comprehensive evidenced-based course sets the foundation by covering all the fundamentals and background information associated with superior labral pathology and then moves into higher level more complex material helping the clinician understand treatment options and rehabilitation strategies for helping the patient get back into the game and also for regaining functional independence with IADL.

Target Audience: OT/OTA

Course Length: 5 hours

Course Author/Instructor: Reider, MD and Davies, PT, DPT and Provencher, MD, Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Recite the overall incidence of superior labral tears
- Describe the pathophysiology of superior labral tears
- Understand the clinical presentation of superior labral tears
- Explain differential diagnosis for superior labral tears
- Examine and describe surgical and non-surgical treatment options

Outline of Content:

Hour #1

Background

Epidemiology

Pathophysiology

Hour #2

Clinical Presentation

Evidence

Treatment

Phase I

Phase II

Phase II

Phase IV

Hour #3

Criteria for Abandoning Nonoperative Treatment and Proceeding to Surgery or More Intensive Intervention

Hour #4

Tips and Guidelines for Transitioning to Performance Enhancement

Performance Enhancement and Beyond Rehabilitation: Training/Trainer and Optimization of Athletic Performance

Hour #5

Training/Trainer and Optimization of Athletic Performance

Specific Criteria for Return to Sports Participation: Tests and Measurements

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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