



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Spinal Cord Injuries 102

Sub-Title: Spinal Cord Injury: Activities of Daily Living

Course Description: Spinal Cord Injuries 102, Spinal Cord Injury: Activities of Daily Living, is a 3-hour course designed for the clinician working with patients with spinal cord injuries. Activities of Daily Living and Instrumental Activities of Daily Living can be challenging situations for the individual with a SCI. This course will review functional outcomes related to spinal cord injury and will review the various components involved in both ADL and IADL tasks. The clinician will learn concrete tips and therapeutic interventions that can be used to develop treatment plans and guide therapy interventions in order to maximize functional independence. Case studies are used to highlight clinical application. At the end of this course, the learner will have a more comprehensive understanding working with patients with SCI in order to enhance performance of ADL and IADL.

Target Audience: OT/OTA

Course Length: 3 hours

Course Author/Instructor: Paula M. Ackerman, OTR/L, MS, Sarah Broton, OTR/L, Amanda Gillot, OTR/L, MS, Julie Hartrich, OTR/L, and Polly Hopkins, OTR/L

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Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Describe and differentiate functional outcomes related to level of SCI
- Become familiar with various adaptive equipment which may be used according to level of injury
- Understand components involved in a bladder management program for both men and women
- Describe methods of communication used by individuals according to level of SCI
- Describe the role of therapist in educating patients with SCI

Outline of Content:

Hour #1

Introduction

Level of Injury

Feeding

Grooming

Bathing

Dressing

Skin Care

Bladder Management

Bowel Management

Communication

Home Management

Child Care

Case Study #1

Case Study #2

Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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