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AOTA Approved Provider #4023

**Course Title:** Spinal Cord Injuries 103

**Sub-Title:** Spinal Cord Injuries: Transfer Techniques

**Course Description:** Spinal Cord Injuries 103, Spinal Cord Injuries: Transfer Techniques, is a 3-hour course designed for the beginning to intermediate clinician working with patients with spinal cord injuries (SCI). Transfers are a vital component in the rehab process. Patients must learn to perform multiple transfers throughout their day to and from various surfaces as they progress through their daily activities. This course provides an overview of different transfer techniques and outlines various considerations such as patient characteristics, associated risk with transfers, ergonomics, wheelchair management, positioning of the patient and safety aspects for transfers, and will also review various types of transfers ranging from independent transfers to transfers that requiring assistive devices. Different transfer situations as well as various functional surfaces are also discussed. Case studies are used for demonstration and to highlight clinical application. At the end of this course, the learner will have a more comprehensive understanding of different transfer techniques used with patients with SCI.

**Target Audience:** OT/OTA

**Course Length:** 3 hours

**Course Author/Instructor:** Alicia Koontz, RET, ATP, PhD, and Erica Druin, MPT Stump, OTR/L / Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the conclusion of the course, participants will be able to:

- Identify 10 patient considerations when learning transfer techniques
- Become familiar with transfer risks and how to avoid them
- Discuss the importance of proper transfer ergonomics
- Identify the significance of wheelchair management to aid transfer techniques
- List and describe 5 different types of transfers

**Outline of Content:**

**Hour #1**

Introduction  
Patient Characteristics  
Transfer Risks

**Hour #2**

Transfer Ergonomics  
Wheelchair Management  
Types of Transfers

**Hour #3**

Special Considerations for Specific Surfaces  
Case Study #1  
Summary

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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