



Online Continuing Education Courses
www.OnlineCE.com



AOTA Approved Provider #4023

Course Title: Stroke Rehab 108

Course Subtitle: ADL Adaptations: Managing the Environment with One-Handed Techniques

Source: Stroke Rehabilitation, 4th ed by Gillen

Source Description: Learn to confidently manage the growing number of stroke rehabilitation clients with Gillen's Stroke Rehabilitation: A Function-Based Approach, 4th Edition. Using a holistic and multidisciplinary approach, this text remains the *only* comprehensive, evidence-based stroke rehabilitation resource for occupational therapists. The new edition has been extensively updated with the latest information, along with more evidence-based research added to every chapter. As with previous editions, this comprehensive reference uses an application-based method that integrates background medical information, samples of functionally based evaluations, and current treatment techniques and intervention strategies. Key features include: Evidence-based clinical trials and outcome studies, survivor's perspectives, case studies, and a multidisciplinary approach highlights discipline-specific distinctions in stroke rehabilitation among occupation and physical therapists, physicians, and speech-language pathologists. See an outline of course content for additional information.

Target Audience: OT/OTA and other healthcare professionals

Course Length: 1 hour

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- Explore a variety of adaptive techniques and describe 5 assistive devices used for ADLs
- Outline and describe 5 principles of energy conservation and work simplification to enhance ADL performance
- Examine and describe 3 environmental modifications used to enhance safety and ease of mobility in the ADL performance

Outline of Content:

Hour #1

BASIC ENVIRONMENTAL CONSIDERATIONS

FUNCTIONAL ASSESSMENT
BASIC ACTIVITIES OF DAILY LIVING
INSTRUMENTAL ACTIVITIES OF DAILY LIVING
COMMUNITY-BASED ACTIVITIES

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of the course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

OnlineCE.com is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.