Course Title: Stroke Rehab 131

Course Subtitle: Leisure Participation After Stroke

Source: Stroke Rehabilitation, 4th ed by Gillen

Source Description: Learn to confidently manage the growing number of stroke rehabilitation clients with Gillen’s Stroke Rehabilitation: A Function-Based Approach, 4th Edition. Using a holistic and multidisciplinary approach, this text remains the only comprehensive, evidence-based stroke rehabilitation resource for occupational therapists. The new edition has been extensively updated with the latest information, along with more evidence-based research added to every chapter. As with previous editions, this comprehensive reference uses an application-based method that integrates background medical information, samples of functionally based evaluations, and current treatment techniques and intervention strategies. Key features include: Evidence-based clinical trials and outcome studies, survivor's perspectives, case studies, and a multidisciplinary approach highlights discipline-specific distinctions in stroke rehabilitation among occupation and physical therapists, physicians, and speech-language pathologists. See an outline of course content for additional information.

Target Audience: OT/OTA and other healthcare professionals

Course Length: 1 hour

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:
At the end of the course, participants will be able to:

- Define leisure, types of leisure, and functions of leisure activities
- Discuss the changes in an individual’s ability to engage in leisure tasks after a stroke
- Describe problems that may interfere with a patient’s participation in leisure tasks
- Present possible solutions to these problems
- Discuss research addressing leisure participation and occupational therapy interventions after stroke
- Outline ways occupational therapists can adapt leisure tasks to allow partial or full participation by someone with a disability caused by a stroke

Outline of Content:
DEFINITION OF LEISURE
LEISURE, STROKE, AND OCCUPATIONAL THERAPY
FACTORS EFFECTING LEISURE PERFORMANCE
LEISURE ACTIVITIES DURING OCCUPATIONAL THERAPY
Interventions to Improve Leisure Skills
LEISURE INTERVENTIONS FOR STROKE SURVIVORS: EVIDENCEBASED PRACTICE
ADAPTING THE LEISURE TASK
SUMMARY

Instructional Methods and Formats:
Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:
A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of the course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:
- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

Additional Policies:
OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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