Course Title: Stroke Rehab 134

Course Subtitle: Edema Control

Source: Stroke Rehabilitation, 4th ed by Gillen

Source Description: Learn to confidently manage the growing number of stroke rehabilitation clients with Gillen’s Stroke Rehabilitation: A Function-Based Approach, 4th Edition. Using a holistic and multidisciplinary approach, this text remains the only comprehensive, evidence-based stroke rehabilitation resource for occupational therapists. The new edition has been extensively updated with the latest information, along with more evidence-based research added to every chapter. As with previous editions, this comprehensive reference uses an application-based method that integrates background medical information, samples of functionally based evaluations, and current treatment techniques and intervention strategies. Key features include: Evidence-based clinical trials and outcome studies, survivor's perspectives, case studies, and a multidisciplinary approach highlights discipline-specific distinctions in stroke rehabilitation among occupation and physical therapists, physicians, and speech-language pathologists. See an outline of course content for additional information.

Target Audience: OT/OTA and other healthcare professionals

Course Length: 2 hours

Educational Level: Introductory, Intermediate, Advanced
The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:
At the end of the course, participants will be able to:

- Describe the proposed three theories of types of stroke hand edema and relate them to appropriate criteria for clinical treatment technique selection
- Provide neurologic and anatomic rationales for treatment selection
- Be familiar with current research outcomes of treatment techniques for stroke hand edema reduction, and be able to implement and expand data for clinical application problem solving
- Integrate realistic edema reduction expectations into treatment planning from material read in the case studies

Outline of Content:
ETIOLOGY OF STROKE HAND EDEMA
Anatomic Overview of the Venous and Lymphatic Systems Related to Stroke Hand Edema and Its Etiology

Three Proposed Theories of Etiology and Types of Stroke Hand Edema

EDEMA EVALUATION METHODS

Volumetric Measurement
Upper Limb Assessments
Sensibility Testing

CURRENT POST-STROKE HAND EDEMA TREATMENT METHODS

Manual Lymphatic and Venous Absorption Stimulation Methods
Splinting

Summary

Instructional Methods and Formats:
Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:
A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of the course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:
Category 1: Domain of OT
Category 2: Occupational Therapy Process
Category 3: Professional Issues

Additional Policies:
OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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