



Online Continuing Education Courses
www.OnlineCE.com



AOTA Approved Provider #4023

Course Title: Surgical Techniques 101

Sub-Title: Arthroscopic Repair of Posterior Shoulder Instability (PSI)

Course Description: Surgical Techniques 101, Arthroscopic Repair of Posterior Shoulder Instability, is a 1-hour course designed for the clinician working with patients with upper extremity conditions and shoulder instability. This lesson provides a step-by-step, “how-to” approach on performing arthroscopic repair of posterior shoulder instability. The authors provide expert guidance on everything from patient positioning and the latest arthroscopic techniques through pearls and pitfalls and post-operative care. The lesson is provided in a concise and consistent format which makes it easy to find the answers you need along with an abundance of illustrations. At the end of this lesson, the learner will have a more comprehensive understanding about the arthroscopic repair of posterior shoulder instability and this information is imperative for the rehab professional to be able to provide safe and effective rehab interventions and treatment planning.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Steven B. Cohen, MD and James P. Bradley, MD / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Review pathoanatomy associated with PSI
- Discuss indications and contraindications for arthroscopic repair of PSI
- Become familiar with surgical techniques for arthroscopic repair of PSI
- Examine postoperative considerations and rehabilitation protocols for arthroscopic repair of PSI
- List 3 complications involved in the arthroscopic repair of PSI

Outline of Content:

Hour #1

Pathoanatomy
Preoperative Considerations
Surgical Techniques
Postoperative Considerations
Complications
Results

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

OnlineCE.com is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.