

REGULATIONS:

Most states, that allow chiropractors and other healthcare providers to practice acupuncture after taking a focus-program-training, require a specific number of hours of training, rather than a specific training or body of knowledge. These states often allow providers to combine hours from various programs to meet the state's hourly requirement.

However, some states allow only providers who've taken specific state-approved programs, to add acupuncture to their practices. For instance, Maine and Ohio require programs to be pre-approved by the state. .

Also, a few states require specific class formats for acupuncture training. For instance, no online or other distance learning is permitted as acupuncture training in Florida nor in Tennessee.

Acupuncture is regulated by state statute and by state board rules and regulations. Therefore the particulars can change quickly. Anything from a legislative change to an opinion by a state's Attorney General can generate a change in the requirements. Also the legislation often leaves particulars to the State Board, and the opinion of the Board can change in the course of one board meeting.

Therefore, all providers are encouraged to check with their state board to make sure that the information below is current.

States that Allow Chiropractors to Practice Acupuncture

Notes:

- In States where no number of hours are specified, it is generally recommended that DCs have at least 100 hour of acupuncture training, this being the minimum generally accepted standard.
- Professional Liability Insurance Companies generally require at least 100 hours of training, in order to add acupuncture to a DCs coverage.
- The NBCE requires at least 100 hours of training, in order to sit for their acupuncture exam.
- The NBCE and many states allow applicants to combine hours from various programs to complete the required number of hours.
- State Rules and Regulations are always Subject to Change.
- Last Updated: March, 2013

State	Minimum Number of Hours of Acupuncture Training Required	Other Requirements	Restrictions	State Chiro Board email	State Chiro Board Phone
Alabama	100			debra.darnell@chiro.alabama.gov	(205) 755-8000
Arizona	100	NBCE Board Exam		generalinfo@azchiroboard.us	(602) 864-5088
Arkansas	100			asbce@arkansas.gov	(501) 682-9015

Colorado	100	25 Supervised Cases		DORA_ChiropractorsBoard@state.co.us	(303) 894-7800
Connecticut	None Specified			oplcdph@ct.gov	(860) 509-7648
Delaware	100			customerservice.dpr@state.de.us	(302) 744-4500
Florida	100	NBCE Board Exam	Distance Learning NOT Allowed	MQA_Chiropractic@doh.state.fl.us	(850) 245-4355
Illinois	None Specified			www.idfpr.com	(217) 557-3209
Indiana	200			pla8@pla.in.gov	(317) 234-2054
Iowa	None Specified			karla.hoover@idph.iowa.gov	(515) 281-4287
Kansas	None Specified			klenahan@ksbha.ks.gov	(785) 296-8563
Maine	200			chiropractic.board@maine.gov	(207) 624-8603
Minnesota	100			larry.spicer@state.mn.us	(651) 201-2850
Missouri	100			chiropractic@pr.mo.gov	(573) 751-2104
Nebraska	None Specified			bill.wisell@nebraska.gov	(402) 471-2299
New Hampshire	None Specified			chiropractic@nh.gov	(603) 271-9482
New Mexico	None Specified	Must call it "Meridian Therapy"		Chiropractic.Board@state.nm.us	(505) 476-4622
North Carolina	None Specified			carolhall@ctc.net	(704) 793-1342
North Dakota	100			contact@ndsbce.org	(701) 213-0476
Ohio	300		Only State Approved Programs AcuPractice has not applied for approval	oscb.chirobd@chr.state.oh.us	(614) 644-7032
Oklahoma	None Specified			bcarter@chiro.state.ok.us	(405) 524-6223
South Dakota	100	NBCE Exam + 100 additional hours within 2 years		sdbce@iw.net	(605) 668-9017
Tennessee	250	NBCE Board Exam	Distance Learning NOT Allowed	Sherry.Owens@tn.gov	(615) 532-5138
Texas	100			tbce@tbce.state.tx.us	(512) 305-6700
Utah	None Specified			sstewart@utah.gov	(801) 530-6619
Vermont	None Specified			dlafail@sec.state.vt.us	(802) 828-2390
Virginia	150 didactic (+50 clinical)	50 hours of clinical training		medbd@dhp.virginia.gov	(804) 367-4471
Washington, D.C.	250			http://www.hpla.doh.dc.gov/bo	(202) 724-8800
West Virginia	100			wvchiroboard@frontier.com	(304) 746-7839
Wyoming	None Specified	Acupuncture is not Regulated in Wyoming		debra.bridges@wyo.gov	(307) 777-6529